



MATI TRADER

TRADE FOR A LIVING WITH MATI

27 EASY WAYS TO SAVE MONEY TO TRADE



Timon Rossolimos

ABOUT THE FOUNDER



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Dear *MATI Trader*,

Thank you for downloading your free copy of “*27 Easy Ways To Save Money To Trade*”.



Founder

Timon Rossolimos

I know that saving money to trade, or in general, can be a pain.

Either it drops your quality of life, or you find that you just can't save a cent at the end of the month.

No matter what you're earning, I'm going to show you exactly how to save money the easy way.

Here are my 27 favourite money savings tips with a couple of personal notes...

Let's get started.

Trade well,

TimonR

Timon Rossolimos

Founder, ***Timon and MATI Enterprise (Pty) Ltd***

PS: By emailing your No. 1 savings tip to Timon@TimonAndMATI.com you have a chance to WIN 3 Forex Trading Tutorial Videos to boost your success rate.

#1: SAVINGS TIP

Stick to your shopping list



When you have a strict list of items to buy, this will more likely stop you from buying extra items you don't need.

#2: SAVINGS TIP

Pay with hard cash



Pay using real money instead of swiping your debit or credit cards.

When you pay with a card, instead of cash, you'll find that you'll spend more money on unnecessary items than you should or with money you don't even have.



“While I’ve been living and trading in Greece, I find this is the best savings tip I’ve used so far.”

#3: SAVINGS TIP

Pay yourself first



As soon as you’re paid your salary, wage or income for the month – deposit a portion of that money straight into your trading or savings account.



“I like to use the 10% rule, but this all depends on what you can afford to deposit. This means, if you earn R60,000 per month deposit R6,000 into your trading account or savings account each month.”

#4: SAVINGS TIP

Don't shop when
'hangry' or
emotional



Avoid shopping when you're feeling hungry, thirsty, angry or upset.

You'll find you'll spend more money than you should. In a recent study: Hungry mall shoppers who were hungry spent on average 64% MORE than non-hungry shoppers. Make sure you have a nice meal and drink lots of water, before you go on your next shopping trip.

#5: SAVINGS TIP

The 'cookie-jar'
approach



When you empty your pockets, at the end of the day, drop them into a yearly cookie jar for your savings.

You'll be surprised how many thousands of rands you'll be able to save, collect and be able to deposit into your trading account for the next year.

#6: SAVINGS TIP

The 24-Hour-Rule



Before paying money for non-essential and expensive items on clothes, cosmetics, appliances or even tools, just wait 24 hours before buying it.

You may find that you'll lose that desire to buy them after 24 hours, which will save you tens of thousands of rands a year.

Maybe when your parents said "sleep on it", there was method behind their madness.

#7: SAVINGS TIP

Go generic



Save a ton of money by buying the generic prescription medicines instead of paying a fortune for the name branded drugs.

Ask your local pharmacist or physician if you can have the generic prescription drugs instead of the brand-name drugs.

You'll find that the generic products cost far less than the brand names, and will work equally well.

#8: SAVINGS TIP

A quick breakfast to last a week



When you eat a full and healthy breakfast, you'll find it will keep you from going out to eat an expensive lunch...



“For the last two years, I have had the same breakfast which I make once and it lasts an entire week.

This has truly been life-changing as it makes my day start with one less decision to make before I get on with the rest of the day.

It's called “Overnight Oats”. If you'd like to see my personal recipe feel free to [click here...](#)”

#9: SAVINGS TIP

Follow the
30-Day-Rule



Before you buy something really expensive, give it 30 days and then decide if it's worth it.

I'm talking about items like jewellery, motorbikes, paintings, juice extractors and any other item that can cost over R3,000.

#10: SAVINGS TIP

Don't be fooled by
sales



Avoid sales and don't be duped by discounts, special offers, buy 1 get one free etc...

Remember this for every time you see a sale for 50% at the next Black Friday's Special.

“You’re not saving 50% of your money, you’re spending 50% of your money that you weren’t planning to spend in the first place.”

#11: SAVINGS TIP

Skip the alcohol and bottled water!



A standard restaurant can mark up their cost of alcohol by three to five times.

Instead order just plain water or even a sugar free soda.



“In Europe I have noticed that when you ask for tap water, they pour it from a bottle of expensive water (R30) anyway.

This is due to the danger of drinking tap water in Europe.”

#12: SAVINGS TIP

Own Your doggy-bag



People are far too embarrassed about everything nowadays which I think needs to stop.

There should not be a stigma attached to taking leftover food home.

Everybody eats, drinks and sleeps. And when it comes to the food you ordered at the restaurant, you paid for it so why waste it?

This will also save you money, time and effort the next day for lunch, which will make your trip to the restaurant **EVEN MORE WORTH IT.**

#13: SAVINGS TIP

Put three items
back after shopping



When you've added extra items to your shopping that weren't on the list, to avoid overspending, put back at least three items that you believe you can live without.

It's very easy to walk through the final naughty aisle grabbing a whole bunch of crisps, chocolates, biltong, dried fruit and even a bottle of juice.

#14: SAVINGS TIP

Cut down on
smoking and
drinking



This is really tricky to do but if you put your mind to it and challenge yourself, I know you can achieve this.



“What I do with smoking is I’ve limited it to two in the morning, two in the afternoon and two at night.”

This tip has saved me hundreds of rands per week from buying more boxes and I will continue to try cut it down until I’ve quit completely.”

#15: SAVINGS TIP

Fill up your milk with water



As a parent or as a milk drinker, it can be extremely expensive to buy milk on a daily basis.

#16: SAVINGS TIP

Become a vegetarian (at least once a week)



At least once a week, switch to meatless dishes which will help drop your grocery bill.

Replace it with: Chickpeas, couscous, okra, rice, sauerkraut, quinoa, beans, nuts, pasta dishes etc... You'll be surprised what you can find at your local

supermarket.



“Inspired by my cousin, she insisted I cut meat out just once a week.

I call this day “Meatless Monday”.”

EXTRA MONEY SAVINGS TIPS

#17: Grow your own vegetables

#18: Sign up for loyalty cards

#19: Track your spending on your finance budget app

#20: Make meals that will last a week e.g. Lasagna, casserole, giouvetsi, curries, gemista, soups, pastitsio, roasts, ratatouille etc...

#21: Buy the generic foods rather than the expensive name branded foods

#22: Pay careful attention to expiration dates

#23: Check your eggs in their boxes and your vegetables in their packets

#24: Freeze your foods in bulk

#25: Eat a meal before going to a restaurant

#26: Keep to Pay-As-You-Go with your cell phone account and use the Wi-Fi to call on WhatsApp

#27: YOUR TURN!

What is your number 1 savings tip to add to the list to make it #27?

The top 15 will WIN 3 Forex Trading Tutorial Webinars at NO charge to help boost your trading success.

**Email number #27: savings tip now
to timon@timonandmati.com.**

**Do it now while you stand a chance to WIN three
Forex Trading Tutorial Videos.**

This will be fun!

With these savings tips you can watch your money grow in your savings and trading account!

If you have a trading question, suggestion or you'd like to share your feedback, you are welcome to contact me by emailing Timon@TimonAndMATI.com.

Until next time, trade well.

Timon R

Timon Rossolimos
Founder, *MATI Trader*

PLEASE NOTE:

If you are not a VIP member of the *MATI Trader System* programme yet where you can watch to build your first million rand trading account become a member by [clicking here](#).

Or you can email me your **NAME** and **NUMBER** with the words “**Yes, I want to complete the MATI Trader System programme**” to Timon@TimonAndMATI.com and I'll personally send you everything you need to continue with the programme within 24 hours.

ABOUT THE CREATOR

Timon Rossolimos – professional trader, author, speaker and entrepreneur – brings you what he has had the honour of sharing to over 257,000 people since 2003, everything you need in one place to trade for a living.

OUR AIM

To empower, create and grow a life-time community of the most passionate and aspiring *MATI Traders*. This way we can all look for high probability trades to profit and live a lifestyle of financial-freedom from the *MATI Trader System* and other trading strategies.

WHY MATI?

MATI stands for *Momentum Automatic Trading Indicator*. You'll learn strategies and tactics that uses **MOMENTUM** to **AUTOMATE** breakout **TRADING** signals with just one **INDICATOR** – price action.

CONTACT US

If you have a trading question, suggestion or you'd like to share your feedback, you are more than welcome to contact Timon by emailing Timon@TimonAndMATI.com.

WHAT WE OFFER AT MATI TRADER

Here at *MATI Trader* we offer a number of FREE and VIP trading resources through means of [ARTICLES](#), [BREAKING TRADE SIGNALS](#), [VIDEOS](#), [TOOLS](#), [BOOKS](#) and [PROGRAMMES](#).

These resources will show you:

- ~ The best markets and times to trade.
- ~ A proven 20 year old trading strategy that works on highly traded markets.
- ~ When to enter and exit each trade with precision.
- ~ How to increase your win rate and prolong your winning streaks.
- ~ How to gain confidence and develop a successful trading mindset.
- ~ How to work anywhere in the world and live life on your terms.

OUR GOAL

Our aim is to empower, create and grow a life-time community of the most passionate and aspiring MATI Traders. This way we can all look for high probability trades to profit and live a lifestyle of financial-freedom from the [MATI Trader System](#).